

AUGUST 2023

CHALK TALK

The Official Newsletter of
Sylvania Northview High School Volleyball



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WELCOME TEAM #47

by Chad Rutkowski, Head Coach

It is hard to believe that the season is here, tryouts have come and are now gone. The season is well underway and we welcome all of you to the 47th season of Northview Volleyball. We are excited to have you all as part of our culture and our program, one that I would say is the best in Northwest Ohio. We have something wonderful here at Northview and we are excited that you are part of it.

Starting with today's practice, your daughter will be working on their position-specific skills and taking many reps; we encourage them to ice their shoulders, ankles, and knees daily to make sure they are recovering quicker from their workouts. We are going to work faster and harder than most of our counterparts so that we are overly prepared for the start of the season less than 3 weeks away with our first match taking place on Saturday, August 19, 2023, at home verse Avon High School.

Here are a few notes for the month of August that we wanted to pass along to all of our families. There is a lot of valuable information in this month's newsletter! We look forward to seeing all of you this week!



NORTHVIEW

VOLLEYBALL



FALL SPORTS ATHLETE & PARENT MEETING

The start of each season being with the ALL SPORTS Athlete and Parent Meeting. This year, this is scheduled for Thursday, August 3, 2023, at 6:30 P.M. in the Performing Arts Center (PAC) at Northview High School.

ALL VOLLEYBALL PLAYERS AND ONE (1) PARENT must be in attendance for this meeting. In addition, at the conclusion, all volleyball players will head into their weight training or practice. Parents, we will have a separate breakout session for volleyball specifically in the gym after the general meeting in the PAC.

In total, this meeting should be about 60 to 90 minutes long. This is a great way for us to start the season and prepare for our overall success in 2023.

NORTHVIEW HIGH SCHOOL
FALL SPORTS
PLAYER/PARENT
MEETING
AUGUST 3, 2023

PLAYER/PARENT MEETING
PERFORMING ARTS
CENTER

6:30 PM - ALL FALL SPORTS
7 PM BREAKOUT
SESSIONS

PLEASE MARK YOUR CALENDARS ON AUGUST 3RD FOR OUR FALL SPORTS PLAYER/PARENT MEETING!

At 6:30 PM Athletic Director Chris Irwin will welcome Wildcat Families and share updated sports guidelines for the fall. Immediately following, players/parents will transition to sports specific breakout meetings.

For more information contact the Northview Athletic Department office at (419) 824-8713
#theNORTH

SPIRIT WEAR

The spirit wear orders will be completed and ready to distribute within about 10 - 15 business days as the final order was submitted at the conclusion of tryouts. Payment for all spirit wear items will be due by **August 2nd**. Checks can be made payable to "Northview Volleyball" and checks are the preferred method of payment. If you would like to pay with cash, a receipt can be given upon receiving. There is not an option to pay for spirit wear via Venmo.

TEAM BUILDING AT CEDAR POINT

Cedar Point is an optional Team Building Day for all athletes, however, it is encouraged that all athletes attend. We will be taking a Sylvania School bus on Monday, August 7th and the athletes should arrive at Northview at 7:45 A.M. for an 8:00 A.M. departure.

Your daughter will be asked if she is attending through our GroupMe and has already been communicated with. If they are attending, they will need to state if they need a ticket or not. Athletes with season passes should use their passes.

Responses to this are due by Thursday, August 4th so that tickets can be purchased through Cedar Point Group Sales. If a ticket is needed to be purchased by Coach Chad, \$45.00 should be sent with your daughter to Friday, August 4th practice. Send money with your athlete for lunch and dinner, Breakfast will be provided and served by the coaching staff at Coach Chad's house, en route to Cedar Point.



PARENT VOLUNTEER SIGN-UPS

With each season, there are dedicated parents that help our volleyball program with various roles, such as:

- Food & Concessions Coordinator (1 per team) - Team Meal Schedule for Fridays, Concession Volunteer Coordinator, Away Team Meal Pick-up from Chick-Fil-A.
- Web Information Coordinator (1 per team, 3 individuals with Coach assistance)
- Social Coordinator (1 per team, 3 individuals with Coach assistance)
 - Cats Tailgate for Parents and Students & Dig Pink Match
 - Home Match vs. Southview - Cats for Dogs
 - Senior Night
- Scorekeeper (1 per team, 3 individuals)
- Libero Tacker (1 per team, 3 individuals) - Home Matches Only

We will highlight these roles on August 3rd at the conclusion of the Athlete and Parents Meeting in the PAC.

SCRIMMAGE SCHEDULE

Our scrimmage schedule can be found online and with the attached match sheet. Our 2023 scrimmages are as follows:

- Saturday, August 5th - Varsity at Mintonette Volleyball Club at Fieldhouse USA
 - We will be stopping for food on the way home - eat breakfast before or on the bus.
 - Please send your daughter with food money.
- Saturday, August 6th - Freshman at Home
- ALL THREE TEAMS AT HOME - Wednesday, August 9th | Saturday, August 12th | Tuesday, August 15th
 - All of the details can be found on the Northview Volleyball Calendar
 - If you use an Apple Device - [Click here](#) and link in your iCal app, subscribe to the Northview Calendar:
 - If you use Google Calendar - [Click here](#)
 - If you would prefer to browse the calendar on our website - [Click here](#)

TEAM MEALS - AWAY MATCHES

For away matches, we like to coordinate a meal to be picked up and brought to school before the bus departs so that our players have a quality, travel ready meal to eat on the bus as it is tough to get home from school, eat, and be back ready for the bus departure on time. Individual player order forms that will be sent home next week. Please be on the lookout for these and we will be using Chick-Fil-A once again for this.



FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, and tournaments, purchase equipment, improve technology and the ongoing needs of our program as we continue to grow and invest in our athletes.

All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple of times leading up to that specific event:

- **Charlie's Ice Cream Fundraiser**
 - JV - Sunday, August 6th from 3:00 P.M. to 6:00 P.M. | Freshman - Sunday, August 13th from 3:00 P.M. to 6:00 P.M. | Varsity - Sunday, August 20th from 3:00 P.M. to 6:00 P.M.
 - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- **Thursday, September 21, 2023 - Paddy Jack's Fundraiser** from 5:00 P.M. to 10:00 P.M.
 - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in, and carry-out, will come back to support Northview Volleyball.
 - Thank to the Varwig family for making this annual event possible.
- **Custom Water Bottle Sale**
 - Purchase a water bottle, tumbler, or other item and a portion of the proceeds comes back to NVVB. These products are high quality and many of our families and coaches have these already.





GROUPME FOR COMMUNICATION

Each one of our incoming athletes have been added to the already existing Northview Volleyball group chat on the app "GroupMe". Please help to make sure that your daughter has access to this team chat and is an active participant as all of our communication on a day-to-day basis will be communicated to them directly. We do send a lot of communication to our athletes directly through GroupMe and hope that your athlete shares any important information with you directly.

Parents, you can expect communication from coaches via E-mail and through these monthly Chalk Talk Newsletters.

SOCIAL MEDIA & WEBSITE

Please visit our website (www.northviewwildcats.org) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members. We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly. Follow us on social media.

Facebook | Sylvania Northview High School Volleyball @NVHRSVBALL Twitter | @NVHRSVBALL
Instagram | @NVHRSVBALL
Snapchat | @NVHRSVBALL
TikTok | @NVHRSVBALL
LinkTree | linktr.ee/NVHRSVBALL
Northview Athletic Website - www.northviewwildcats.org

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media – please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program and to drive individuals to come support our program at one of our matches.

SYLVANIA REC CAMPS

This year, our partnership with the Sylvania Rec Department for our summer camps was absolutely incredible. Thank you to all who participated, promoted, supported, and mentioned our camps to your friends and neighbors! This is truly remarkable for Sylvania and the future of Northview Volleyball!

468 total campers (up from the 2022 total of 393) this year for Northview Volleyball is something that has never been done before and for that, we thank you all!

The money raised from this camp will go towards our program!

2023 Camps by the Numbers

- Week Camp - 4th-8th: 67 Campers
- Week Camp - K-3rd: 45 Campers
- Serving Camp - Session I: 52 Campers
- Passing Camp: 48 Campers
- Attacking Camp: 56 Campers
- Serving - Session II: 59 Campers
- Digging Camp: 50 Campers
- Setting Camp: 50 Campers
- Tune-up for Tryouts: 41 Campers